



Preventative Procedures for Excellent Oral Health

Home care is important for maintaining a healthy smile. Encourage brushing twice a day, flossing daily, and visiting the dentist for a check-up every six months.

Here are some preventative procedures we do at the office to lower your child's risk of cavities!

Dental cleanings

Routine cleanings are important because children's teeth are more susceptible to cavities due to excessive sugar consumption and a lack of oral hygiene. Having a child visit a dental hygienist for regular cleanings is another common and important pediatric dental procedure.

As pediatric specialists, our team will ensure that your children receive a thorough dental cleaning. Making dental teeth cleaning a regular habit and setting a good example for maintaining good oral health hygiene is important on putting your children on a path to good overall health.

Fluoride

Fluoride is a mineral that helps repair enamel and one of the best treatments for preventing tooth decay. Starting when primary teeth erupt and until age 16, children's fluoride supplements help strengthen primary and permanent teeth.

Sealants

Sealants are a thin white/clear resin liquid coating (same material as white fillings) that is brushed on the surface of children's back teeth to stop early stages of decay from becoming a full-blown cavity. It is applied via a small brush and bonded to the teeth using a blue LED light. No anesthesia is required.